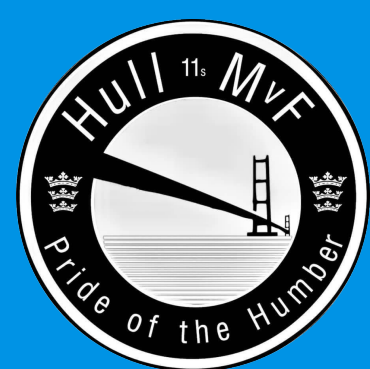




## Join the Yorkshire XL11s League - Where Bigger Players Belong!

Next season marks the 5th year of the Yorkshire XL11s League, giving larger players the chance to compete in 11-a-side football across Yorkshire and neighbouring counties.

**From just 5 teams in 2021 to now 16 teams spanning from Newcastle to Nottingham, our league continues to grow!**



**Every team MUST play in an official weekly small-sided league, ensuring regular competition focused on weight-loss and wellbeing first.**

Approved small-sided weight and wellbeing leagues include: Erimus (Teeside), EyUp (Bradford & Leeds), Fit4U (Rotherham), MvF, Football XL (Wakefield) and SC Wellbeing (Sheffield)

### Who Can Join?

- Teams that mostly consist of players with a BMI over 30, unless they have lost weight.
- Proof and approval for all players is mandatory.
  - Players who have played above Level 14 in English Pyramid will be additionally vetted based on age, weight and when last played.
- The objective is not to exclude anyone, but not to have teams that just see XL11s as soft touch, so speak to us to find out more.

### Apply Today

If you and your team mates believe you fit the criteria, don't wait! Join a growing league specifically for players like you. Apply now and be part of the XL11s movement.

**Express your interest via**

**<https://www.yorkshirexl11s.com/express-interest>**

or contact Spencer on 07800 502260